



Ladies Size Chart							
SHIRES size	XXS	XS	S	M	L	XL	XXL
UK size (approx)	6-8	8-10	10-12	12-14	14-16	16-18	18-20
to fit chest cm	76-81cm	81-86cm	86-91cm	91-96cm	96-101cm	101-106cm	106-111cm
to fit chest inches	30-32"	32-34"	34-36"	36-38"	38-40"	40-42"	42-44"
to fit waist cm	56-61cm	61-66cm	66-71cm	71-76cm	76-81cm	81-86cm	86-91cm
to fit waist inches	22-24"	24-26"	26-28"	28-30"	30-32"	32-34"	34-36"
to fit hip cm	81-86cm	86-91cm	91-96cm	96-101cm	101-106cm	106-111cm	111-116cm
to fit hip inches	32-34"	34-36"	36-38"	38-40"	40-42"	42-44"	44-46"
European size (approx)	34-36	36-38	38-40	40-42	42-44	44-46	46-48
US size (approx)	0-2	4-6	8-10	10-12	12-14	14-16	16-18

Mens Size Chart							
SHIRES size	XS	S	M	L	XL	XXL	XXXL
UK/US size (approx)	32-34	36-38	38-40	42-44	44-46	48-50	50-52
to fit chest cm	80-88cm	88-96cm	96-104cm	104-112cm	112-119cm	119-127cm	128-136cm
to fit chest inches	32-35"	35-38"	38-41"	41-44"	44-47"	47-50"	50-53"
to fit waist cm	66-74cm	74-81cm	81-89cm	89-96cm	96-104cm	104-112cm	112-120cm
to fit waist inches	26-29"	29-32"	32-35"	35-38"	38-41"	41-44"	44-47"
European size (approx)	42-44	46-48	48-50	52-54	54-56	58-60	60-62

Childs Size Chart (Unisex)						
SHIRES size	XXS	XS	S	M	L	XL
UK height (approx)	105cm	115cm	125cm	135cm	145cm	145cm
UK size (approx)	3-4	5-6	7-8	9-10	11-12	13-14
to fit chest cm	53-58cm	58-63cm	63-68cm	68-73cm	73-78cm	78-83cm
to fit chest inches	21-23"	23-25"	25-27"	27-29"	29-31"	31-33"
to fit waist cm	52-55cm	55-58cm	58-61cm	61-64cm	64-67cm	67-70cm
to fit waist inches	21-22"	22-23"	23-24"	24-25"	25-26"	26-27"
to fit hip cm	56-62cm	62-68cm	68-74cm	74-80cm	80-86cm	86-92cm
to fit hip inches	22-24"	24-27"	27-30"	30-32"	32-34"	34-36"